



Eyelid Surgery: Post-Operative Instructions

1. Use ice compresses every hour on the hour for 10 minutes while awake for two days. This will help to prevent swelling, stop bruising and keep discomfort to a minimum. Do not put ice directly on your eyelids. Separate the ice from the skin with gauze or a clean washcloth.
2. You may take 2 Tylenol tablets every 4 hours as needed for discomfort. DO NOT TAKE ASPIRIN OR ASPIRIN-CONTAINING PRODUCTS for at least 5 days after your surgery, since aspirin can enhance bleeding. Pain is not a feature of this surgery. If you have any pain call Dr. Magauran immediately at (XXX) XXX-XXXX.
3. You may not be able to completely close your eyelids for several hours because of the local anesthetic. Do not try to force your eyelids closed. No tight squeezing of your lids!
4. You may have a small amount of oozing from the suture line for the first 48 hours after surgery. This is normal. The ice compresses will help if you use them for 15 minutes instead of ten minutes. Any longer and the ice can damage the thin eyelid tissues - moderate use is best. Avoid heavy lifting and straining for the next weeks to prevent pressure on the suture line or surgical wound. Anything that raises the blood pressure from the neck up will increase your bruising, and extend your healing time.
5. Do not use makeup around the eyes for 4 weeks.
6. Do not wear contact lenses while using the topical antibiotic (usually 7 days).
7. You may take a shower and shampoo your hair. It is OK to let the water run over the incisions. The sutures will not dissolve! When finished, pat dry your eyelids. Do not rub them and do not apply any tension across the incision sites. The sutures are removed in the office, usually around day #7.
8. Apply a thin film of the ointment you have been prescribed on the surgical wound twice daily. Place a small amount of ointment on a Q-tip, cotton swab or clean finger and gently coat the wound with the ointment. The small tube should last so use it sparingly.

Follow-up Appointment: _____
